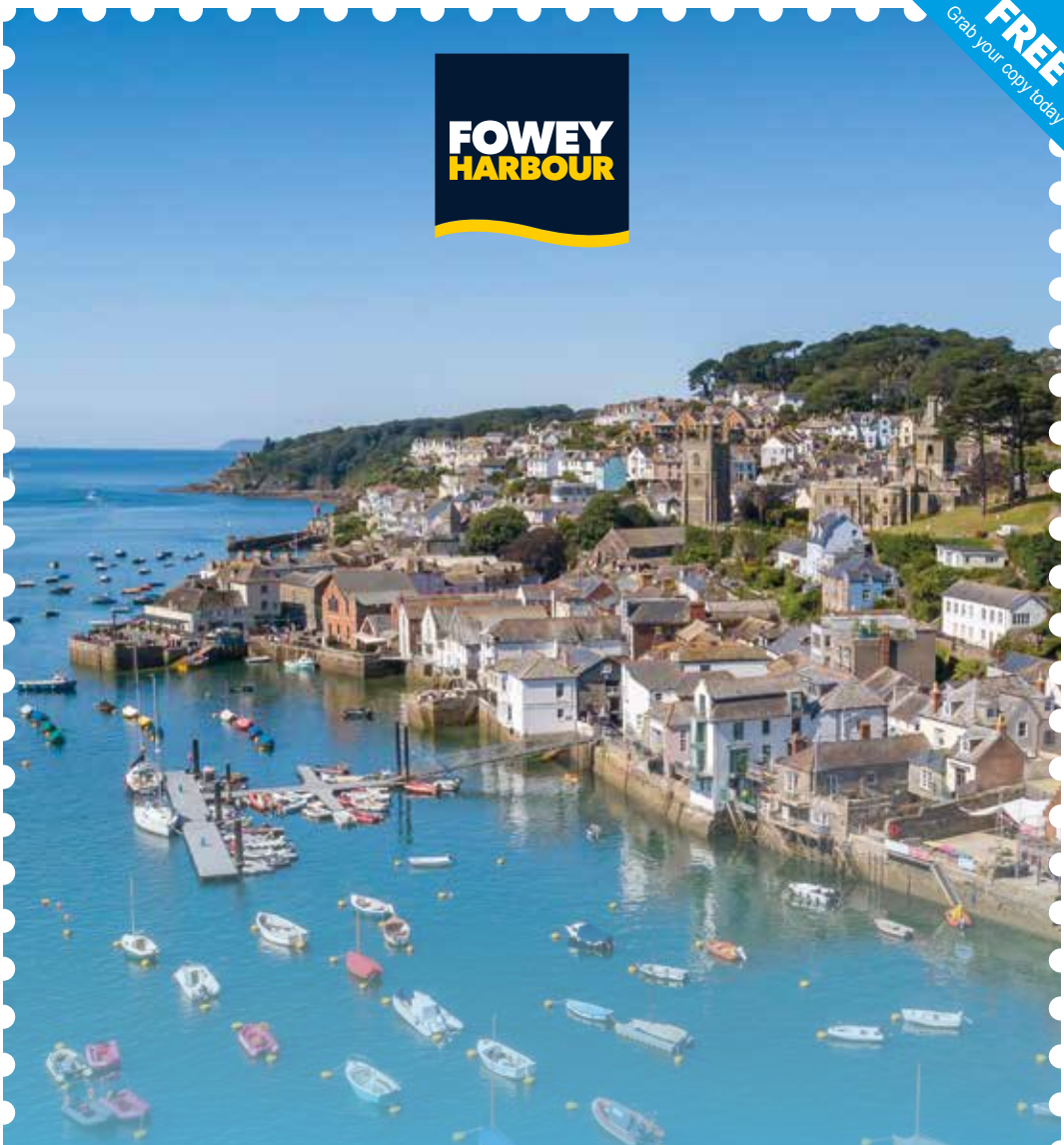


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Guide to the Town and Harbour

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Enjoy dinner downstairs,
with your room just
moments away.

BOOK A ROOM



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DISCLAIMER

Every effort has been taken to ensure the information contained in this guide is correct.

Fowey Harbour Commissioners do not accept liability for any consequence arising from reliance placed on the content, howsoever caused.

To advertise in next year's guide please contact the Fowey Harbour Office: +44 (0)1726 832471.

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Welcome to Fowey Harbour



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f foweyharbour VHF Channel 12



Paul Thomas
HARBOUR MASTER

The Fowey Estuary is renowned for its unspoilt beauty and rich maritime history, with many iconic buildings and landmarks to discover along its shores.

We hope this guide tells you all you need to know about our harbour. Whether this is your first visit or you've been coming here for years, it contains information on local facilities, things to see and do, and the character of the town and estuary. It is also designed to encourage exploration of the wider harbour and surrounding coastline, where coastal and estuary walks offer outstanding views of the landscape.

Fowey's independent shops, galleries and creative spaces are well worth exploring, as is the town's thriving food scene - from pop-ups, pubs and cafés to a diverse range of restaurants, there is something to suit every taste.

Fowey has gained international recognition as a cruise destination in recent years, reflecting the efforts of local businesses and the wider community in championing all that the town has to offer, including its heritage, walks and activities. This guide is supported by a multilingual visitor map to help you discover local landmarks and the area's rich maritime heritage, alongside the town's independent shops, galleries and eateries.

Beyond the estuary, there is a wealth of visitor attractions to explore, including the Eden Project, the Lost Gardens of Heligan, and a range of historic houses and castles across the region.

For further inspiration, visit our website, where you can find information on harbour facilities and local landmarks, and take a virtual aerial tour of the estuary.

Our Harbour Staff are here to help make your stay safe, positive and memorable. If you need assistance, please contact the Harbour Office or speak to staff afloat while they are patrolling the harbour.

If you are on the water, please remember that the lower harbour is a busy environment shared by leisure and commercial vessels. Keep clear of commercial traffic, respect other harbour users, observe the 6-knot speed limit, and comply with all Harbour Regulations.

Enjoy your stay!

Explore FOWEY

A picturesque waterside town with a diverse range of shops and eateries to explore, all set amongst the historic buildings and maritime culture of this ancient port.



Whether you're arriving by sea or by road, the picturesque Fowey Estuary delights visitors with its timeless charm and beautiful scenery.

At its entrance, the Harbour is guarded by castles on either side and the estuary's steep sided valley provides a sheltered haven for all manner of boats from cruise ships to pleasure yachts, commercial ships to kayaks.

Ashore, the town's narrow winding streets, historic buildings and charming mix of independent shops, art galleries, and eateries make Fowey the perfect coastal getaway.

For history enthusiasts, Fowey boasts an impressive medieval past, with landmarks such as St. Fimbarrus Church and the 14th century Place House.

The town's literary connections add an extra layer of attraction, as it was once home to renowned author Daphne du Maurier.

The local culture and landscapes also inspired writers such as Rosamunde Pilcher and Kenneth Grahame, as well as the popular Poldark series.



Explore the inspiration behind their works by taking a boat trip along the estuary or hiking the scenic Hall Walk, offering panoramic views of the coastline and countryside.

Fowey's vibrant maritime heritage is evident in its bustling harbour and working Port, colourful boats sail in the gentle tide, ferries crossing to Polruan and ships laden with china clay transit the harbour bound for Europe and beyond.

The town's quays and beaches are the perfect place to soak up the Cornish atmosphere. There's a host of local delicacies to enjoy from the traditional Cornish pasty, Clotted Cream Fudge or Cornish Cream Tea to locally produced ales and spirits.

With its blend of natural beauty, cultural richness, and warm hospitality, visitors to Fowey will find themselves immersed in an unforgettable Cornish experience.



Try a Cornish Cream Tea

Originating in the South West, the earliest record of a cream tea was in the 11th century, but it really came into its own during the 1850s alongside the great tourism boom.

Beware though, there's controversy when it comes to serving a cream tea; the Cornish way is to spread the jam onto the scone, then add a spoonful of clotted cream - 'jam first' as the locals say!



A warm and friendly welcome awaits at the **Royal Fowey Yacht Club** for all visiting yachtsmen



HARBOUR
KITCHEN, BAR & TERRACE

Exceptional views & delicious dining

Traditional Cornish cream tea and high tea served daily alongside incredible views from our sea-view terrace.

Find us:
Harbour Hotel Fowey, Esplanade, PL23 1HX
harbourhotels.co.uk/fowey

We've been welcoming visiting yachtsmen for over 100 years, but we're by no means stuck in the past. From our own pontoon, the newly renovated showers and free WiFi, to the modern food menu and bar, our facilities offer a welcome break for all to enjoy. If you're simply looking for a place to unwind, relax with a drink on the best riverside terrace in town, you won't want to leave!



ROYAL FOWEY YACHT CLUB

For Reservations Tel: 01726 833573 | email: barandrestaurant@rfyc-fowey.org.uk
www.rfyc-fowey.org.uk | Whitford Yard, Fowey PL23 1BH

FOWEY

Harbour & Local Attractions

- 1 St Fimbarrus Church
- 2 Place House
- 3 Rook with a Book
- 4 Red Rocket
- 5 Harbour Hotel
- 6 St Catherine's Castle
- 7 Ferryside
- 8 Prime Cellars
- 9 Q Memorial
- 10 Polruan Blockhouse
- 11 Punches Cross
- 12 Fowey Museum
- 13 Ferry Trip to Polruan

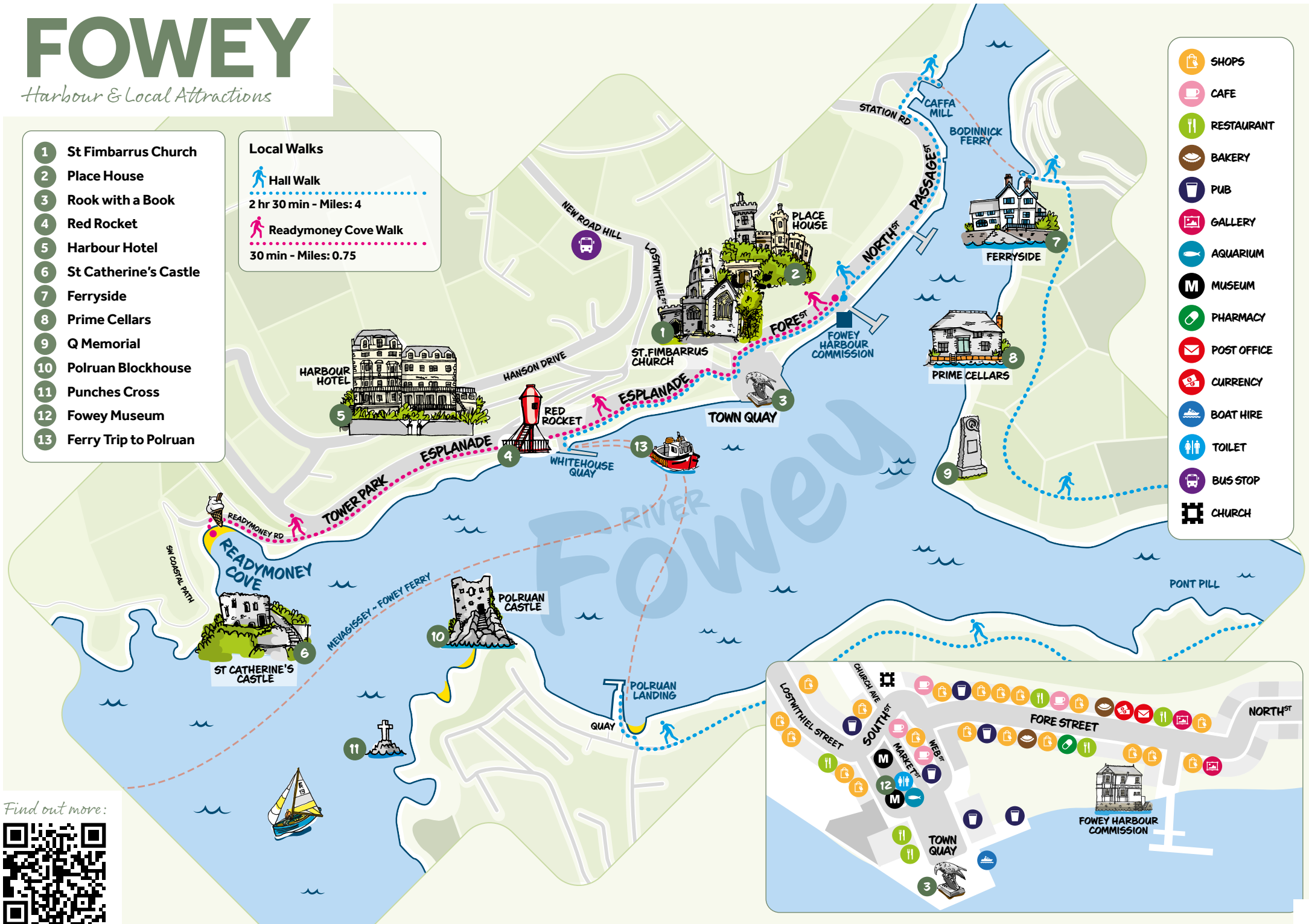
Local Walks



Hall Walk
2 hr 30 min - Miles: 4



Readymoney Cove Walk
30 min - Miles: 0.75



Find out more:





1 St Fimbarrus Church

The parish church of Fowey dates from 1460 and has the second highest tower in Cornwall. It contains a Norman font, a 500 year-old wagon roof and a pulpit made from the panelling of a Spanish Galleon.

The church marks the end of the Saints' Way, originally a drovers' route from Padstow to Fowey, taken by merchants and pilgrims travelling from Ireland and Wales to France.

2 Place House

Its grounds are positioned in the heart of Fowey, behind the church and have been the private family home of the Treffry family since the 13th Century.

3 Rook with a Book

Du Maurier's literary connection to Fowey was celebrated in the commissioning of a sculpture on Fowey Town Quay named 'Rook with a Book' inspired by her short story 'The Birds'.

4 Red Rocket

The Red Rocket is an important navigational aid for safe entry to the harbour. The iconic red structure houses a sector light which is visible for 13kms.

5 Harbour Hotel

Modern feeling hotel in a period building, ideally located with stunning views over the estuary.

Please allow an hour minimum to make the most of your visit for a cream tea.

See website for more details:
www.harbourhotels.co.uk/fowey

6 St Catherine's Castle

Positioned at the Harbour entrance, the castle was built in 1542 as part of Henry VIII's chain of harbour defences which ran along the English Channel coast. The site has fantastic views of the harbour and sea beyond. Open all year, free admission, Steps and slopes on site.

7 Ferryside

Ferryside is a distinctive property on the eastern shore near Bodinnick. It was the former home of the famous writer Daphne du Maurier, with Fowey and the surrounding coast being inspiration for many of her much-loved novels.



8 Prime Cellars

Prime Cellars is the little building with the crooked roof which lies on the eastern bank of the river. This was once a fish cellar and would have been used during the 17th and 18th centuries when Fowey thrived on the fishing and processing of pilchards. It has recently been sympathetically restored as a home.

St Catherine's Castle

Readymoney Cove



Try a Cornish Pasty

The traditional recipe for the pasty filling is beef with potato, onion and swede, which when cooked together forms a rich gravy, all sealed in its own pastry packet!

The wives of Cornish tin miners would lovingly prepare these all-in-one meals to provide sustenance during gruelling days down the dark, damp mines.



Town Quay



9 Q Memorial

Viewed from the Hall Walk, this is a memorial to Sir Arthur Quiller-Couch, who published under the pen name of 'Q', and was born in Bodmin in 1863. After studying at Oxford University, he moved to Fowey in 1879 and penned over 20 novels in his lifetime.

He referred to Fowey as 'Troy Town' in his writing. He was an active member of the local community holding many prominent positions including Mayor of Fowey and was also a Cornish Bard.

10 Polruan Blockhouse

Referred to locally as Polruan Castle, this was one of a pair of defensive structure built in 1380 to defend against foreign invasion. The second tower is on the Fowey side but is in a ruined state.

The two blockhouses were once linked by a metal chain, which could be raised during an attack, preventing vessels from entering the harbour. Open to the public.

11 Punches Cross

Punches Cross is a white cross marking the eastern side of the harbour entrance, it is said to date from the early medieval period.

12 Fowey Museum

The building dates back to the 1500s and the lower part was once the town jail. The museum is filled with paintings, photographs, ancient documents and exhibits that bring Fowey's extensive maritime past to life.

13 Ferry Trip to Polruan

Discover the delights of this waterside village by taking the 10 minute ferry trip across the harbour. Visit the ancient Polruan Blockhouse which was once part of the harbour's defences against foreign invasion and enjoy a beer in one of its pubs. Not suitable for wheelchairs.

Daily ferry services from Whitehouse Quay (every 15 minutes) 07:00 - 19:00



Local Walks



Hall Walk

2 hr 30 min - Miles: 4

By far the most popular of Fowey's estuary walks, it offers stunning views of the estuary and out to sea.

It is a circular walk that follows the banks of the river and utilises both ferries, via Bodinnick, Pont Creek and Polruan or vice versa. You can also divert to St Willow Church from Pont. It is not suitable for wheelchairs or pushchairs and in places it is steep.

Guided walks available with Lucy Daniel Guide:
www.lucydanielguide.uk



ReadyMoney Cove Walk

30 min - Miles: 0.75

Take in the stunning harbour views on the walk to ReadyMoney Cove.

The beach café is perfect for drinks, snacks, ice cream and souvenirs.

If you've packed your swimming costume, take a refreshing dip in the sea within this dedicated swimming area.

Although there are a few slopes on the walk, it is wheelchair and pushchair friendly.

www.readymoneybeachshop.com



Visit POLRUAN

Locals call Polruan 'the sunny side' as it gets the best of the evening sun. Why not take the passenger ferry across from Fowey and discover the delights of this waterside village.

Polruan can be found on the eastern side of the harbour where its houses and cottages are built on the side of the steep hill.

Shipbuilding and repair have been an important trade here since medieval times with Polruan's shipwrights building ships for use in the early tin and wine trades, china clay ships in the mid 19th century to commercial fishing vessels in the modern day.

At the top of Polruan Hill stands St Saviour's Ruin, which dates from the 8th century. It is built on a site first occupied by St Ruan, after

whom Polruan is named. Back then, it would have been equipped with bells and acted as both a landmark for ship and a good lookout point over the harbour.

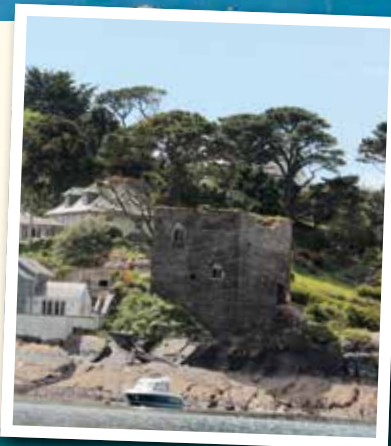
The National Coastwatch Institution (NCI) have a station here for the same reason. Volunteers man the station which overlooks the sea area from Lizard Point in the West to the Eddystone Light in the East as well as the harbour, their eyes and ears keep watch along the coast. The spectacular views from the lookout are enjoyed by thousands of visitors each year.

Why not...

Visit the Blockhouse. A pair of ancient Blockhouses defended the harbour during medieval times.

Positioned at Fowey and Polruan, the four storey towers were linked by a chain which could be raised across the harbour in the event of an attack.

Polruan blockhouse is still accessible but on the Fowey side you can just see the ruin.



Polruan Quay



Why not...

Delve into du Maurier. Daphne du Maurier took inspiration from Fowey and the surrounding area in her novels.

She lived in Bodinnick in the house named Ferryside. It was here she penned her first novel, 'The Loving Spirit' inspired by the local Slade family.

Bodinnick

On the edge of Hall Walk, the waterside village of Bodinnick is famous for being the home of the du Maurier family, who bought Ferryside in 1926. Long before it became a family home, the water's edge plot was a busy shipyard.

Bodinnick has been the site of a ferry crossing since at least the 14th century. In the early days, the service was operated under oar and could only carry one vehicle at a time.

Today, the ferries are operated by C. Toms and Son and can carry up to 15 vehicles and foot passengers too, they run a regular service between Bodinnick and Caffa Mill slipway in Fowey.



Ferryside



Explore UPSTREAM

The Fowey Estuary is renowned for its natural beauty; the steep sided wooded valley and tidal creeks of the upper river are home to a diversity of birds and wildlife.



Photo: Paddle Cornwall

Why not...

Go on an Expedition.

The perfect way to explore the estuary is by getting afloat. Kayak expeditions are available from Golant where experienced guides will show you the beautiful scenery and wildlife to be found in the tranquillity of the upper estuary.



The Fowey Estuary covers approximately 1000 acres; most of which is within an Area of Outstanding Natural Beauty.



Golant



Heron Fishing

Golant

A top spot for getting on the water with both a rowing club and canoe club based here as well as kayak and stand up paddle board (SUP) expeditions.

The waterside village of Golant lies on the western side of the estuary. A railway line runs along the embankment in front of the village; this rail link was opened in 1869 to transport china clay from the mines in St Austell to

Fowey Docks and it is still used for this purpose to this day.

Enjoy the tranquillity of the river from the terrace of the village pub: The Fisherman's Arms.

On the opposite shore lies the tranquil Penpol creek. The woodland surrounding it is a heron nesting site which is thought to be one of the largest heronries in Cornwall.

Imagine you're Ratty and Mole and be enchanted by Lerryn and the surrounding ancient waterside woodland.



Why not...

Walk from Lerryn to St Winnow.

A delightful walk in all seasons, the footpath meanders around the wooded banks of the River Lerryn to St Winnow.

The church at St Winnow stands on the edge of the river, the church dates from the 15th century but it stands on an ancient holy site dating back to the 7th century.

Lerryn

Imagine you're Ratty and Mole and be enchanted by Lerryn and the surrounding ancient waterside woodland. The Ethy woods and estate are believed to have been the inspiration for Kenneth Grahame's *Wind in the Willows*.

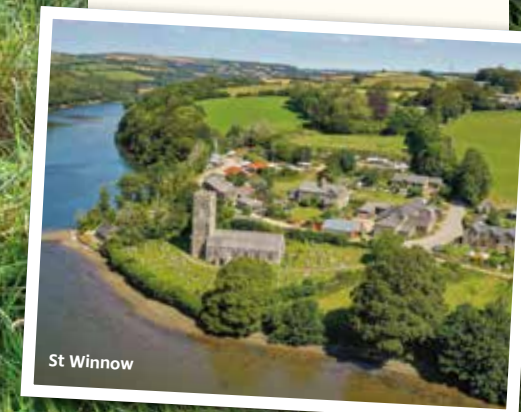
The river branches at St Winnow Point to Lerryn, the largest tributary of the Fowey. **Dowr Leryon** in Cornish, the Lerryn River means 'river of floods' which is quite appropriate as parts of the

village can flood on a high spring tide. When the tide flows out, it reveals an enchanting series of stepping stones which cross the river.

If you're quiet, you might even catch a glimpse of a kingfisher as a streak of blue flashes past your eyes. Kingfishers love the wooded banks of the Fowey river because the overhanging trees provide excellent perches to overlook their fishy prey swimming beneath.

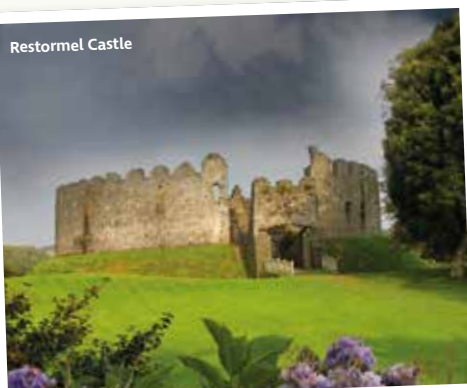


Kingfisher



St Winnow

Restormel Castle



Why not...

Visit Restormel Castle.

Built by the Normans in the 13th century, Restormel Castle was gifted to Edward of Woodstock, 'the Black Prince' in 1337 as he was granted the new title of Duke of Cornwall.

The remains of this circular shell keep are protected by English Heritage and are one of the most intact examples of this fortification across England and Wales.



Lostwithiel

Eleven kilometres upstream from the harbour mouth, Lostwithiel is at the head of the Fowey Estuary, and the medieval bridge marks the upper limit of tidal navigation.

Lostwithiel is a busy town, popular for its antiques, independent shops and restaurants.

The town is steeped in history and what better way to explore the town's historic buildings than a guided tour organised by the Lostwithiel Museum on Wednesdays 11:00 - 12:30 from April to October. More information at:

www.lostwithielmuseum.org

During the 12th and 13th Centuries, Lostwithiel was the administrative capital of Cornwall, seat of the Duke of Cornwall and a thriving stannary town.

In the 14th century, Lostwithiel was the main port on the Fowey River and was known as the Port of Fawi. The water was deep enough then to allow ships to travel upstream to load tin. But ironically, tin, which was the original source of the wealth of the town, eventually caused its decline, sediments from the mines on the moors, silted up the river, restricting the size of vessels that could use the quay and Lostwithiel's shipping trade was lost to Fowey.



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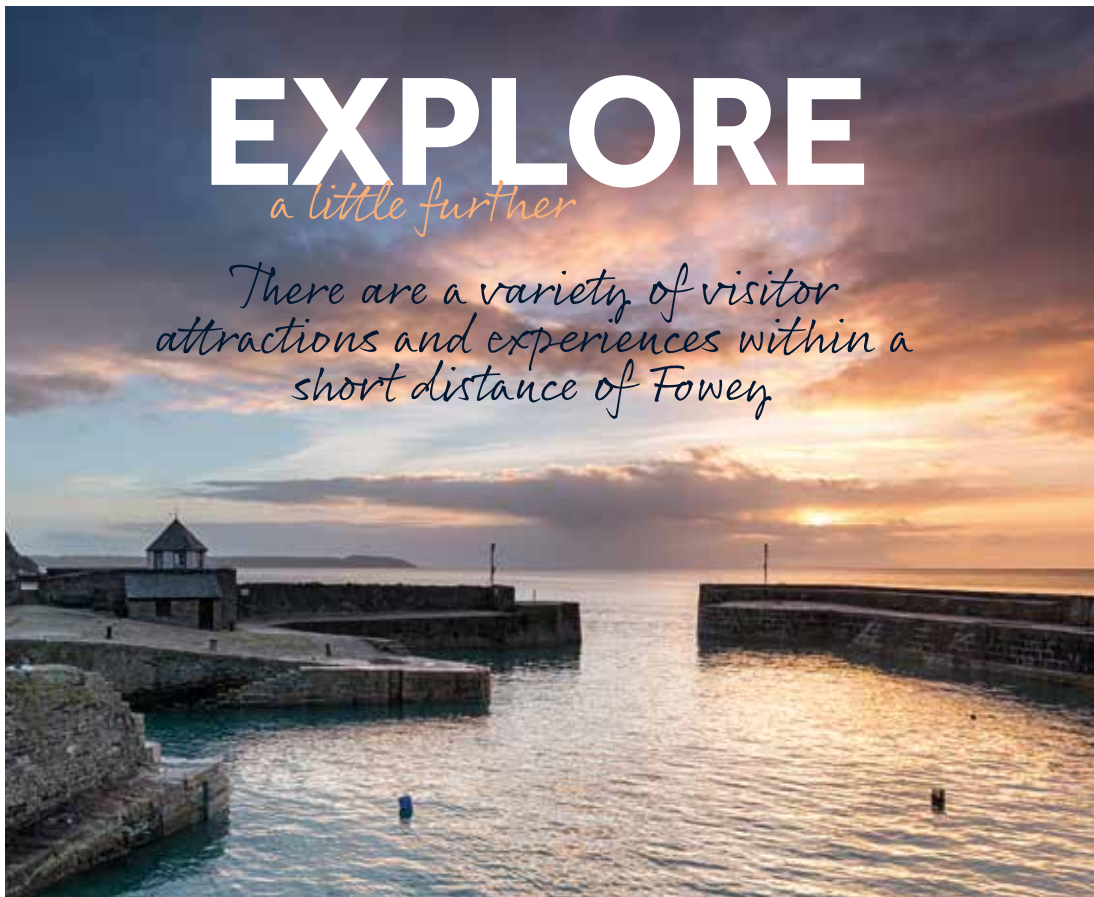
Follow your nose!

@QuayBakery www.quaybakery.co.uk info@quaybakery.co.uk

EXPLORE

a little further

There are a variety of visitor attractions and experiences within a short distance of Fowey



From the world-famous Eden Project and Lost Gardens of Heligan, to the period properties at Lanhydrock.

There are options for everyone and for all weathers.

Visit our website for more information.

Lost Gardens of Heligan



Bodmin Jail



Eden Project

The world-famous Eden Project is just 7 miles away. Nestled within a former china clay mining pit, the huge biomes house a stunning array of tropical and temperate plants.

Lost Gardens of Heligan

This award-winning horticulturalist's paradise is 15 miles along the coast. Explore the estate and its grounds and lose yourself in a world of gardening inspiration, ancient woodland and a sub-tropical jungle, all providing homes to an abundance of wildlife.

Bodmin Railway

Discover the nostalgia of steam travel with a journey on Cornwall's leading full-size railway onboard a steam locomotive. Step back in time and relax in style, enjoying a leisurely trip through the Cornish countryside taking in the sights, sounds and smells of the bygone age of travel.

Bodmin Jail

Built in 1779, Bodmin Jail is a landmark historical site in the heart of Cornwall. This is a world-class experience offering immersive history at its finest.

Lanhydrock House & Gardens

Owned by the National Trust, this magnificent late Victorian country house is surrounded by gardens, parkland and woodland. Take a tour of the house and its grounds and there are also cycle trails nearby with bike hire available.

Charlestown Harbour

This 18th Century Georgian Harbour is also a UNESCO World Heritage Site and has been the backdrop for a number of film and TV series including 'Poldark' and BAFTA award winning film 'Bait'. Enjoy the fascinating architecture of the harbour, see the resident classic ships and relish the choice of eateries.

Ferry to Mevagissey

Take the 40 minute ferry ride from Whitehouse Quay to the fishing harbour of Mevagissey with a variety of independent shops, galleries and places to eat. (Note: this is a seasonal service and is weather dependent. Visit the operator's website for more details www.mevagissey-ferries.co.uk)

Gribbin Head

On the South West Coast Path, you can visit the Daymark at Gribbin Head, the headland to the west of Fowey.

Eden Project



Lanhydrock House



Local EVENTS

In and around the Estuary

The du Maurier Festival Society presents

FOWEY FESTIVAL

OF ARTS AND LITERATURE

Friday 1st – Saturday 9th May

A week-long festival featuring a world-class line-up of authors, speakers and musicians www.foweyfestival.com Including:

Saturday 2nd – Saturday 9th May
Fowey Art Trail

During the Fowey art trail inspiring artists and craftspeople open their homes, studios and pop up exhibitions to visitors. This year you will find venues throughout Fowey, Bodinnick and Polruan and for the first time the beautiful Old Bank in the centre of town will be a hub for the trail with multiple wonderful artists exhibiting. Please join us for this once a year opportunity to see the work of our talented local artists.

Further details: www.heatherjaneandco.com/fowey-art-trail-2026

Monday 25th & Tuesday 26th May
Secret Gardens

We are delighted to announce that The Secret Gardens are returning once more to The du Maurier Fowey Literary Festival.

This is a chance to discover 6 wonderful private gardens, as they open their doors to the public over 2 days.

From spectacular views to secluded havens, these hidden gems are a joy to discover.

Secret Gardens 2026 will be opening during the Spring Bank Holiday week, on Monday 25th and Tuesday 26th May.

FEBRUARY

Saturday 7th – Saturday 14th
Fowey Food Week

Showcasing Fowey's talented chefs and fantastic food - come and eat your way around the world without leaving Fowey!

MAY

Sunday 17th May
LostFest

Lostwithiel's eclectic mix of music, dance, arts and crafts stalls, antiques and food plus live demonstrations and workshops.

www.lostfest.co.uk

Saturday 23rd - Sunday 24th May
Fowey River Championship Weekend

Watch the iconic Fowey River sailing boats as they compete in sailing races throughout the weekend, keep a look out for their colourful sails.



Fowey River Sailing

Sunday 17th May

Try a Fowey River Day

If you have a fancy for a sail in a Fowey River Class dinghy, one of Fowey's iconic sailing boats - then this is your chance!

Contact FGSC for more info
secretary@foweygallantssc.co.uk



Troy Day

Friday 22nd – Monday 25th May
Beer Festival - Golant

Take in the atmosphere and great river views over a pint at the Fisherman's Arms, Golant





Fowey Lifeboat Day

JULY

Saturday 4th - Sunday 5th July Troy Championship Weekend

Watch Fowey's one design keel yachts, the Troys as they compete in sailing races throughout the weekend

Friday 10th

RNLI Fundraiser - Cher Tribute Act

Enjoy live music at the waterside at Fowey Gallants Sailing Club, raising funds for the Fowey RNLI

Saturday 25th July

Fowey Lifeboat Naming Ceremony

There are plenty of events to get involved in to raise essential funds for the Fowey RNLI



Fowey Lifeboat Week

Sunday 26th July - Saturday 1st August Fowey Lifeboat Week

There are plenty of events to get involved in to raise essential funds for the Fowey RNLI

Including:

Saturday 1st August - Fowey Lifeboat Day

Open day event RNLI stalls, food and children's activities at Fowey Lifeboat Station.

Sunday 26th July - Saturday 1st August Lostwithiel Carnival Week

Organised by Lostwithiel Rotary Club, there's something for everyone to enjoy from pram races and a street party to duck and raft races on the river. Concludes with a carnival procession on the Saturday evening.

Tuesday 28th July - Thursday 30th July Fowey Classics

A classic boat rally featuring a fleet of vintage and modern sailing boats. Racing in the bay, parade of sail in the harbour and evening entertainment ashore.

www.foweyclassics.com



Lostwithiel Carnival



Fowey Classics

The du Maurier Fowey Literary Festival

Fowey ART TRAIL

Saturday 2nd to Saturday 9th May 2026

www.heatherjaneandco.com/fowey-art-trail-2026

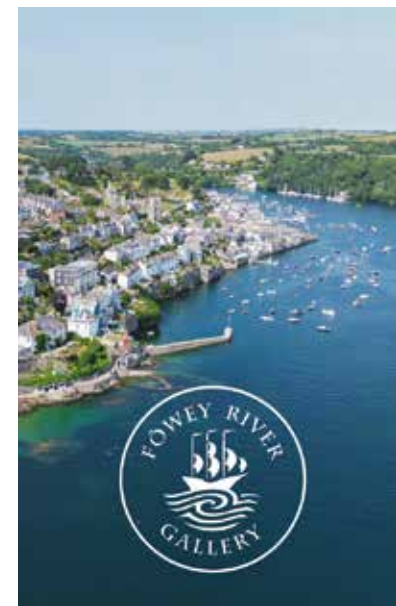
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Fowey Royal Regatta

AUGUST

Saturday 1st August

Fowey Lifeboat Day

Open day event RNLI stalls, food and children's activities at Fowey Lifeboat Station, raising funds for the Fowey RNLI.

Sunday 2nd August

Rusty's Regatta

A junior sailing event with team challenges and races from 10.00am to 4.00pm from Fowey Gallants Sailing Club.

Come along and give the kids a cheer!

Saturday 8th August

Beer, Cider & Shanty Festival

Raising funds for the Fowey RNLI and Fowey Funnybone Youth Theatre

At the Safe Harbour Pub, singing from 2.00pm



The Safe Harbour

Golant Sports and Carnival

Starting at 2.00pm with children's sports and cream teas on the village green including the Golant vs. 'the Rest of the World' in a Tug of War. Carnival procession starts at 6.15pm led by Lostwithiel Town Band including the traditional Flora Dance. Followed by live music and a BBQ at the Fisherman's Arms.

www.golant.net



Madness in the Pill

Saturday 15th August

'Madness in the Pill' - Golant

Starting at around 6.00pm, a water-based event with team games and fancy-dress culminating in the Great Golant Raft Race. Come and enjoy watching the fun or join in and be prepared to get wet!

www.golant.net

Sunday 16th - Saturday 22nd August

Fowey Royal Regatta

The highlight of Fowey's year both on and off the water. Don't miss the spectacular sailing, carnival, live music, fireworks and family fun.

Including:

Fowey Classic Car Show & Parade - Thursday 20th August

Classic cars and bikes and sports cars for public viewing from 2.00pm at Fowey River Academy followed by a car parade through town from 5.00pm.

www.foweyroyalregatta.co.uk

Friday 28th - Monday 31st August

Beer Festival - Golant

Take in the atmosphere and great river views over a pint at the Fisherman's Arms, Golant

Friday 28th - Monday 31st August

Polruan Regatta

A long weekend of family fun events with children's sports, beach games, carnival and disco

www.polruan-regatta.co.uk

N50° 20' 9.12"

W4° 38' 3.42"

THE GALLEON INN

FOWEY, CORNWALL



Riverside Freehouse
Accommodation Food Traditional Cask Ales
Bookings & Walk ins Welcome
01726 833014

SEPTEMBER

Wednesday 2nd September

Polruan Lifeboat Day

Open day event RNLI stalls, food and children's activities at Fowey Lifeboat Station, raising funds for the Fowey RNLI.

Sunday 13th September

Hokey Cokey Swim Run event

Starting and finishing in Fowey and taking in the iconic Gribbin Head, there are both short and long courses available

See Mad Hatter Sports Events for more details:

www.madhattersportsevents.co.uk/gribbin

Sunday 6th September

Fowey Harbour Swim

An organised & marshalled charity swim in the harbour in aid of the RNLI, starting at 2.00pm from Fowey Town Quay. More information on the Fowey Harbour Swim Facebook page



Tuesday 15th September

Fowey Harbour Open Day

Find out a bit more about Fowey Harbour and what we do, take a look onboard some of the working vessels of Fowey. Vessels open to the public 10am until 2pm on Albert Quay pontoon.

www.foweyharbour.co.uk

Saturday 13th September

Lost in Art

An Art Trail in Lostwithiel to celebrate the fantastic artistic talent in this area. Visit artist's and maker's shops, galleries and exhibitions at Lostwithiel Community Centre and the Scout Hut.



LOCAL PRODUCE MARKETS

Fowey Artisan Market

Fowey Town Hall 10am to 3pm.

Whitecross, Bodinnick

At Whitecross Village Hall on the 1st Saturday of each month, 10am to 1pm.

Lostwithiel

At Lostwithiel Scout Hut on 4th Saturday of each month, 10am to 1pm



Fowey Artisan Market 2026 Dates

| Town Hall | Albert Quay |
|---------------|---------------------|
| March 4th | |
| April 1st | |
| May 13th | 7th, 8th, 9th, 14th |
| June 3rd | 2nd |
| July 1st | 3rd, 20th, 30th |
| August 5th | 8th, 10th, 31st |
| September 2nd | |
| October 7th | |
| November 4th | |
| December 2nd | |

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DECEMBER

Monday 29th December

Lerryn Seagull Race

A boat race in fancy dress with British Seagull outboard engines, starting at 11.00am



GUIDED WALKS

Lostwithiel

(9th April – 29th October) Every Wednesday 1100 – 1230, meet at Lostwithiel Community Centre

£5 per person, no booking necessary, payment by cash/card. Assistance dogs only

Organised by Lostwithiel Museum Association. All of the money raised is spent on maintaining and improving this small museum.

www.lostwithielmuseum.org



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Nurturing the next generation of water lovers! Getting Young People Afloat

The health and wellbeing benefits of spending time on the water are well recognised, and at Fowey Harbour we want to ensure that the next generation of water users have as much love for our blue environment as we do. Our aim is to make sure that everyone has the opportunity to get afloat, and what better place to start than with our local children and young people.

There is a wide range of water-based activities available in Fowey, including sailing, gig rowing, canoeing, kayaking, paddleboarding and Sea Cadets. However, following the pandemic and during a challenging economic climate, participation rates – particularly among young people – have seen a noticeable decline.

Across the estuary community there is a shared passion for introducing younger generations to this special place and the watersports it offers.

We have been working with local clubs, organisations, activity providers and businesses to identify barriers to getting young people afloat and explore ways to overcome them.

We have engaged with local schools and youth groups to offer a variety of exciting opportunities, ranging from introductory taster sessions to voyages to the Isles of Scilly!

Following the resounding success of our first year in 2024, when 343 children took part in paddleboarding and kayaking sessions delivered by Encounter Cornwall and 161 children – including around 30 regular junior participants – took part in sailing and powerboating activities with Fowey Gallants Sailing Club, the initiative saw similarly strong participation in 2025, with over 500 young people from local schools taking part across a range of on-the-water activities.

Fowey Harbour are proud to support the initiative financially, and thanks to sponsorship from other local charities, groups and the EU funded ProBleu Project, many of the activities were offered at no cost to parents, which was crucial to ensure accessibility.

Through this work, we aim to inspire young people and introduce them to the wide range of watersports available, both recreational and competitive. These experiences may also encourage future interest in careers within the maritime sector.



We look forward to continuing to develop the initiative in partnership with local clubs, organisations, providers and businesses, building on its early success and expanding opportunities in the years ahead.

Samphire opens at The Old Quay House Hotel, bringing a modern twist to Fowey's waterfront dining scene.



Fowey's dining scene has been elevated with the launch of Samphire, a relaxed Cornish coastal kitchen located in the heart of the town. Set within the Old Quay House and overlooking the harbour, the refreshed venue prides itself on the use of locally sourced produce, offering guests a dining experience rooted firmly in its coastal surroundings.

Named after the rock samphire that grows along the terrace walls, the restaurant reflects its close connection to the landscape. From morning light across the water to the last boats returning at dusk, views of the estuary bring a sense of tranquility to the dining room, terrace, and newly refurbished bedrooms above.

At the helm, Chef Richard Massey has created menus that focus on seasonal Cornish ingredients sourced from both the land and sea. Each season provides an opportunity to highlight the best of that time of year including daily freshly caught fish, locally grown

vegetables and meats from trusted regional producers such as Kittow Butchers. Signature offerings include Fowey mussels, chilli lime squid tacos and grilled lemon sole served on the bone.

The kitchen's approach is generous and designed for sharing, with a mix of smaller and larger plates which encourage relaxed and sociable dining. Breakfast is served overlooking the estuary, while lunches and evening meals are complimented by a carefully curated selection of local wines, beers and crafted cocktails chosen to pair with the seasonal menu.

Upstairs, the newly refurbished rooms echo the calm coastal feel of the restaurant below. Guests can enjoy supper before stepping upstairs creating a natural flow from table to room without the need to travel elsewhere. Together, Samphire and Old Quay House offer a harbourfront experience that feels considered, quietly special and entirely in step with Fowey itself.



Our HABITAT

The Fowey Estuary is a ria, or drowned river valley, formed after the last Ice Age when rising sea levels flooded the river channel.

Its mudflats, saltmarshes and wooded creeks are among the habitats that provide homes and feeding areas for a wide range of wildlife.

Sections of the upper estuary and its creeks are designated as a Marine Conservation Zone (MCZ), helping to protect these important estuarine habitats and the species that depend on them.

There are many opportunities to enjoy views of the estuary on foot, with walks such as Hall Walk and Ethy Woods particularly popular as they wind through woodland and around the creeks.

Reduce, Reuse, Recycle

A Reducing single-use plastics is just one of the ways we can help to reduce our impact on the environment. There are a number of great initiatives in the town including water refill stations and returnable cups.

We provide a recycling scheme for our users, and our bins are made from recycled fishing nets and ocean plastics!

Do a #2MinuteBeachClean

Everyone can do their bit to help keep our town and coast tidy. Every little bit of litter collected makes a difference!

Record what you see

We can understand more about the habitats and wildlife that surround us by knowing more about their distribution. Join in with organised surveys or submit your own records to organisations such as the Cornwall Wildlife Trust and become a citizen scientist! www.ercis.org.uk

Electric Charging for Boats

Environmental stewardship remains a cornerstone of our work at Fowey Harbour, and we continue to support practical measures that help reduce environmental impact.

Electrification is emerging within the marine leisure sector, and Fowey Harbour has taken steps to support this transition.

Work delivered through the Zero Emission Vessels and Infrastructure (ZEV) Project, alongside the ongoing ZENOW Project, has supported the installation of electric boat charging at Penmarlam, which is now available for vessels operating within the estuary.

Additional shore-based electric charging infrastructure is also in place at Berrill's Yard, allowing for future expansion of marine electric charging as demand develops.

Watching Wildlife Responsibly

We are incredibly fortunate that our estuary and the wider coastline are home to a diversity of wildlife including dolphins, seals and seabirds.

It's important that we respect these magnificent creatures and give them space and avoid disturbing their natural behaviour.

Consider taking an organised wildlife tour with registered operators such as Cornwall Seafari who operate rib-tours from Fowey.

They are WiSe accredited which means they have received training on how to watch marine wildlife in a wildlife-safe way.



Wildlife Watching

Making marine encounters great for wildlife and great for you!

Keep your distance! Be cautious and quiet. Look for signs wildlife has spotted you. Be prepared to back off or take an alternative route

Make sure your craft's movements are **constant, steady and predictable**

Never follow, chase or feed marine life

Never touch or feed wild animals

Keep away from large groups of animals, hauled seals and sensitive areas such as breeding sites

What is disturbance? Disturbance is when people change an animal's behaviour or its environment, affecting its wellbeing or survival prospects. Always keep an eye out for signs you are disturbing wildlife.

It is not recommended to purposely snorkel, dive or swim with large marine animals except with an approved operator

SEAGRASS

Our blue meadows

What is Seagrass?

Seagrass is the only flowering plant adapted to live in the sea. In UK waters, the most common seagrass species are eelgrasses (*Zostera*), which grow in shallow, sheltered coastal areas, forming underwater meadows of long green leaves rooted in sand or mud.

Seagrass can grow in two main zones:

- **Subtidal** - permanently underwater
- **Intertidal** - exposed at low tide and covered again as the tide rises

These underwater meadows are among the most valuable marine habitats in UK waters.

They:

- Support a rich variety of wildlife, including worms, molluscs, seahorses and feeding birds
- Provide important nursery areas for young fish, crabs and shellfish
- Stabilise the seabed and help keep water clear by trapping sediment
- Capture and store carbon in seabed sediments ("blue carbon"), helping to reduce the effects of climate change

Seagrass has declined significantly around the UK over the past century, and protecting and restoring these habitats is an important part of marine nature recovery.

Seagrass in Fowey

Like many estuaries and harbours, Fowey provides the sheltered, shallow conditions needed for seagrass to establish and support a diverse and productive marine environment.

The Fowey Estuary supports an area of subtidal seagrass at Polruan Pool, covering approximately 7 hectares.

In addition, an intertidal seagrass restoration trial is underway at St Winnow in partnership with Cornwall Wildlife Trust. The project involves collecting and planting seagrass seeds and monitoring their survival and growth. The aims are to:

- Restore lost habitat
- Support biodiversity
- Improve water quality
- Strengthen the resilience of the upper estuary

This work forms part of wider efforts across Cornwall to restore seagrass and support long-term marine nature recovery.

Seagrass meadows play a vital role in helping keep the Fowey Estuary healthy, productive and resilient. By protecting existing areas and restoring new ones, we are helping to enhance the natural environment for wildlife, harbour users and the wider community. The St Winnow project represents an important step towards a healthier estuary, and we look forward to sharing its progress in the years ahead.



Seagrass Planting



Seagrass

Seeding change together

Seed Planting

Using records of historical seagrass meadows, we have identified two sites in the Helford and one site in Fowey that are suitable for restoration.

Over the last 40 years, the UK has lost almost 90% of its seagrass. Cornwall Wildlife Trust are therefore working in partnership with Seasalt to restore lost intertidal seagrass meadows around Cornwall's coastline.

Seed Collecting

We are using the dense seagrass meadows around Torpoint as our donor bed, with the aim of collecting 30,000 seeds this year.

The process...

1) Seed Collecting



2) Seed storage



3) Seed processing



4) Seed planting



SEEDING CHANGE TOGETHER

SWIMMING

Safely



Going for a swim in cold, open water can be exhilarating, but it's not without risk. Here's some advice to follow to make sure you have a safe swim.

Open Water or Wild swimming is essentially swimming outdoors in natural spaces, such as rivers, lakes or the sea.

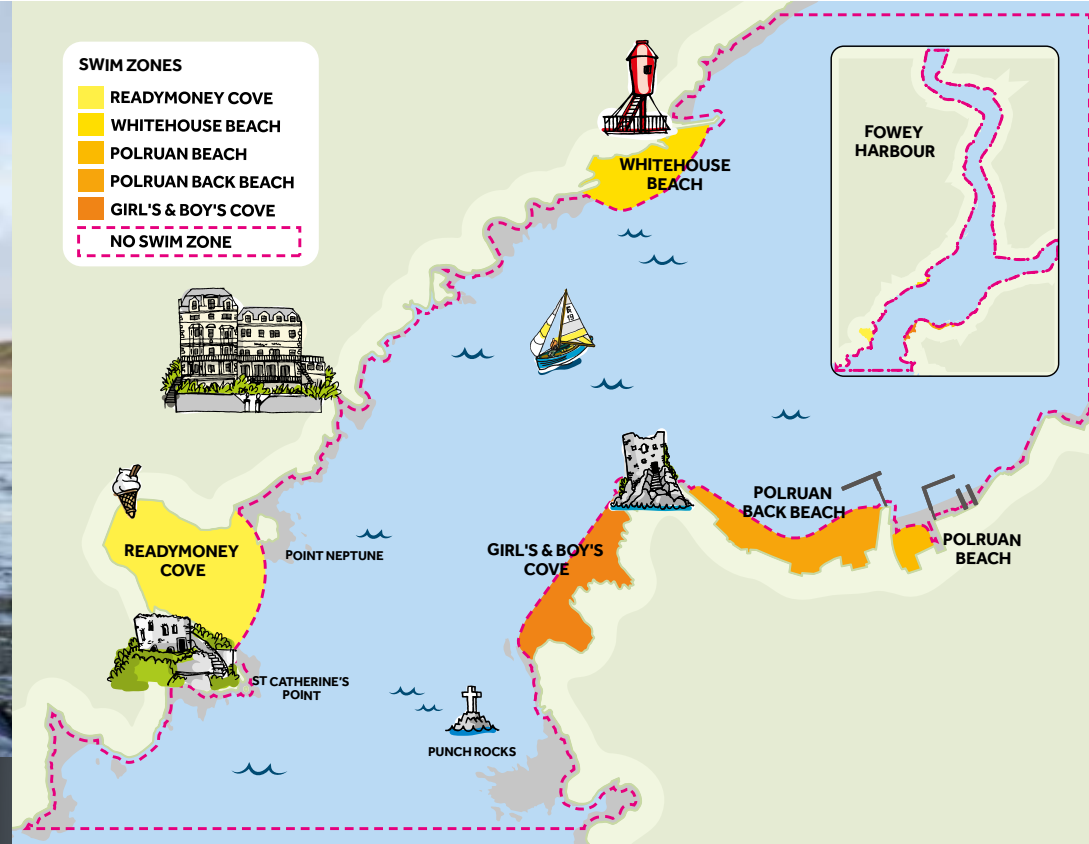
This activity has seen a surge in popularity in recent years with more and more people taking to the water on a regular basis, throughout the seasons.

Fowey is a busy harbour with both commercial and leisure vessels transiting the harbour at all times of day and night. Swimming in Fowey Harbour is governed by safety restrictions which prohibit swimming in the Harbour outside of designated areas.

We also recommend that swimmers take personal responsibility for their safety by having their own tow floats to make them visible, these also provide extra buoyancy if needed. For more safety advice visit the RNLI website.

1. **Check the weather, tides and sea conditions** before going out and know your limits.
2. **Choose your spot.** Only swim in the designated swimming areas. Swimming is prohibited in Fowey Harbour outside of these areas on safety grounds due to the amount of boat traffic.
3. **Go with a buddy.** Open water swimming is much more fun with someone else, and you can look out for each other. It's also good to tell someone on shore where you are going and when you will be back. They'll be able to call for help if you are overdue.
4. **Have the right equipment.** Be seen, wear a bright coloured swim hat and have a tow float for extra buoyancy. Carry a means of calling for help, such as a mobile phone in a waterproof pouch and a whistle to attract attention.
5. **Make sure you acclimatise to avoid cold water shock.**
6. **Stay within your depths.**
7. **Float to live.** Call 999 or 112 and ask for the Coastguard in an emergency.

For more safety advice visit the RNLI website:
www.rnli.org/safety



The BOATS of Fowey

Fowey Harbour is bustling with boats during the summer, keep your eye out for these which are particularly special to Fowey and its maritime heritage:

Troys

Fowey's one-design keel yacht, it was named the Troy after the Troy Town novels of Sir Arthur Quiller-Couch. First built in 1929, this boat was designed with a tall mast to catch the wind swirling around the steep sided harbour.

There has been a steady stream of boats joining the fleet over the years, they are only made by approved builders using the specific Troy templates and patterns.

The Troy can be identified by the letter T (for Troy) and a number on the main sail. You'll see the fleet racing in the harbour on Saturday afternoons and Wednesday evenings in summer.



Fowey Rivers

Built in Fowey since the fifties, the Fowey River Class dinghy is based on a design published in the Yachting World magazine to try to encourage people to build their own boats.

There has been a real resurgence in the fleet in recent years which makes for great competitive racing. They are easy to spot as they have brightly coloured sails and the letters FR and a number on their main sail.



Pilot Gigs

Gig rowing is a popular pastime in Fowey; however, it wasn't originally a sport - rather, it was a profession in which early Pilots would row the gigs out to ships wishing to enter the harbour.

The work was highly competitive with the first Pilot on board getting the job, making speed just as essential then as it is today in racing!

The Fowey River Gig Club practices regularly in the harbour and competes all around the South West - look out for their distinctive red gigs.

LIFEBOATS OF FOWEY

A Timeline of Service

For over 160 years, volunteer lifeboat crews have launched from the waters off Fowey to answer calls for help at sea. From early rowing boats launched at Polkerris to today's modern inshore and all-weather lifeboats, this timeline

traces the evolution of lifesaving along the Fowey coast and, from 2025, a new era shaped by changing technology, conditions, and the demands of rescue at sea.

EARLY LIFEBOATS - OAR & SAIL POWERED

1859-1866

CATHERINE RASHLEIGH

Peake self-righting lifeboat - ALB | 6 launches | 33 lives saved
First lifeboat to serve the Fowey coast, operating from Polkerris.



1922-1926

JAMES, WILLIAM & CAROLINE COURTENAY

Watson-class lifeboat - ALB | 3 launches



1928-1954

C.D.E.C.

Watson motor lifeboat - ALB | 65 launches | 49 lives saved



1866-1887

ROCHDALE & CATHERINE RASHLEIGH

Self-righting lifeboat - ALB | 7 launches | 13 lives saved
Later renamed Rochdale and then Arthur Hill.

1887-1904

ARTHUR HILL

Self-righting lifeboat - ALB | 3 launches | 4 lives saved

1904-1922

JAMES, WILLIAM & CAROLINE COURTENAY

Watson-class lifeboat - ALB | 8 launches | 2 lives saved
Last lifeboat to operate from Polkerris.

1922 - STATION MOVES TO FOWEY



1926-1928

WILLIAM ROBERTS

Watson-class lifeboat - ALB

1928 (Aug-Dec)

H.C.J. | Watson motor lifeboat - ALB

EARLY MOTOR LIFEBOATS



1954-1980

DENEYS REITZ

Watson motor lifeboat - ALB | 155 launches | 36 lives saved

1980-1981

GERTRUDE

Watson motor lifeboat - ALB | 8 launches | 2 lives saved



1982-1988

LEONORE CHILCOTT

Brede-class lifeboat - ALB | 57 launches | 19 lives saved



1996-2025

MAURICE AND JOYCE HARDY

Trent-class lifeboat - ALB

All-weather offshore lifeboat for nearly 30 years.



2007-2017

OLIVE TWO

D-class inshore lifeboat - ILB



1981-1982

GUY & CLARE HUNTER

Watson motor lifeboat - ALB | Relief lifeboat

1982 (Jan-Oct)

CHARLES HENRY ASHLEY

Watson motor lifeboat - ALB | Relief lifeboat



1988-1996

THOMAS FOREHEAD & MARY ROWSE II

Waveney-class lifeboat - ALB | 169 launches | 35 lives saved



ALL-WEATHER & INSHORE LIFEBOATS

1996-1997

TIGER D

D-class inshore lifeboat - ILB

1997 (Feb-Sep)

MARJORIE

D-class inshore lifeboat - ILB

1997-2007

OLIVE HERBERT

D-class inshore lifeboat - ILB



1996-2025
MAURICE AND JOYCE HARDY



A NEW ERA FOR LIFEBOATS IN FOWEY

Fowey RNLI has entered the next chapter in its lifesaving story. In August 2025, as the beloved Trent-class all-weather lifeboat reached the end of her operational life, hundreds of boats joined a memorable flotilla and Fowey waved a final goodbye as the Maurice and Joyce Hardy made her final journey out of the harbour she had served for almost three decades.

As lifesaving needs continue to evolve, Fowey welcomed a new inshore lifeboat in 2025 - a B-class Atlantic 85. Currently one of the fastest lifeboats in the RNLI fleet, capable of speeds of around 35 knots, the Atlantic 85 is well suited to the busy coastal conditions around Fowey.

The crew trained extensively on the Atlantic 85 relief lifeboat James Dugdale during her time on station in Fowey. Fowey's own Atlantic 85, The Spirit of Daisy, has now entered service and operates alongside the current D-class lifeboat. She can be seen moored at Berrill's Yard beside the lifeboat station, with a formal naming ceremony planned later in 2026.

2017-Present
OLIVE THREE
D-class inshore lifeboat - ILB

2025 - 2026
JAMES DUGDALE
Atlantic 85 - ILB Relief lifeboat

2026 - Present
SPIRIT OF DAISY
Atlantic 85 - ILB Fowey's own inshore lifeboat - Official naming ceremony 25 July 2026.



Together, these modern lifeboats represent the next generation of lifesaving capability in Fowey: fast, agile, and ready to respond.



Struggling in the water?



FLOAT TO LIVE

Photo: RNLI

The RNLI is the charity that saves lives at sea

The Royal National Lifeboat Institution, a charity registered in England and Wales (209603), Scotland (SC037736), the Republic of Ireland (CHI 2678 and 20001326), the Bailiwick of Jersey (14), the Isle of Man (1308 and 0061259), the Bailiwick of Guernsey and Alderney, of West Quay Road, Poole, Dorset, BH15 1HZ

#RESPECTTHEWATER

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PENMARLAM BOAT PARK, BODINNICK BY FOWEY, CORNWALL PL23 1LZ

Fowey is a natural deep water harbour and entry into the harbour is straightforward by day or night and at all states of the tide.

Harbour Entry

(Reference should be made to Admiralty Chart No. 31)

Enter through the harbour entrance on a NNE'ly course and then NE to the swing ground area off Fowey Town Quay. At night keep in the white sector of the Whitehouse light until abeam of Polruan Castle.

Visitor moorings and pontoon facilities are mainly situated on the east side of the harbour; visitor moorings are **BLUE** in colour.

Fowey is a busy harbour, so in the interests of safety, keep clear of commercial craft, especially manoeuvring ships. Harbour Patrol craft may be in attendance displaying a blue flashing light and their directions must be followed.

Shelter

Although Fowey is a sheltered harbour, the entrance and lower harbour can become rough during ebb tides and strong south westerly wind. Berths upriver at Grid Irons, Penmarlam and Wiseman's are sheltered from these conditions. Vessels choosing to remain in the lower harbour in these circumstances do so at their own risk.

Tidal Restrictions and Flows

The estuary above Wiseman's Reach dries at low water and access should be with care, having consulted tide tables, charts and local knowledge.

During spring tides, the tidal range is 5.5m, although it may be as much as 6m at the equinoxes. Neap tides are 2m although both ranges are considerably affected by wind conditions and barometric pressure.

The tidal flow will often be over 1 knot and reaching 1.75 knots on springs. This can be increased after periods of heavy rainfall.

Safety Afloat

Please take sensible precautions when on the water and be aware of useful safety advice from organisations such as the RNLI. Make sure you are adequately trained for the activity you do on or in the water and that you are familiar with your safety equipment.

Lifejackets

Wear them – they are useless unless you do!

Lifejacket storage lockers are available ashore at Albert

Quay and Berrill's Yard pontoons (Returnable £1 coin required for operation).

Kill cords

Kill cords are an essential piece of lifesaving equipment, protecting not only you but also others around you. They should always be used when fitted.

Carry a Means of Calling for Help

Tell someone where you're going and when you plan to return and carry a means of calling for help like a VHF radio or mobile phone.

Defibrillators – Call 999 in an Emergency

If you need a defibrillator in an emergency, the 999 emergency operator will be able to tell you the closest unit to your location, so you can ask someone to get it.

By performing CPR and using a defibrillator, you'll give someone the best possible chance of survival.

See our Harbour Map (pg 65,66 &67) for locations of Public Access Defibrillators

Speed Limits and Wash

The speed limit within the harbour is 6 knots and wash should be kept to a minimum. The harbour limit begins between St Catherine's Castle and Punches Cross and extends right up the estuary to Lostwithiel. Harbour Patrol will enforce speed limits and excessive wash for the safety of other harbour users.

Pilotage

All vessels over 37.5m LOA are required to take a Pilot. Vessels over 20m proceeding North of Prime Cellars may require pilotage assistance. Contact the Harbour Office for more information.

Pilot cutters frequently move through the harbour and their presence indicates an imminent commercial ship move so stay alert.

Navigation Lights for Small Craft

Fowey is a busy commercial port with large vessels entering and leaving the harbour 24 hours a day. For your own safety and the safety of other harbour users, any vessel (including tenders) not fitted with navigation lights must display a light during the hours of darkness and at times of restricted visibility, in accordance with Harbour Regulations.



Fowey Lifejacket lockers



Accidents happen when you least expect it. It's why we recommend you wear your lifejacket unless it's safe to take it off. This includes accessing boats from dinghies, tenders or even pontoons.

But what do you do with your lifejacket once you're ashore?

To help you, we've installed lockers at two sites on the Fowey river. Conveniently located and free to use, they provide a place to store your kit temporarily when you're not using it. There's no need to book. Lockers are available on a first-come, first-served basis. Just come along, grab a locker, insert your £1 returnable deposit, and you're done!



Fowey Lifejacket Locker Locations

Be Sure YOUR Lifejacket Will Work?

Choose it - Get the right size and make sure it fits

Check it - Every year at the start of the season, check

- The gas cylinder is secure and not corroded
 - The firing mechanism is in date
 - Your lifejacket can hold air for 24 hours.
- (Even new lifejackets need checking as parts may not be secure)

Wear it - It's useless unless worn

To donate please scan the bar code



Ferries

The Bodinnick car ferry is a self-propelled vessel operating between Bodinnick and Caffa Mill on a continuous basis throughout the day. This vessel is restricted in its ability to manoeuvre, especially in strong winds and tides and all leisure vessels should keep well clear. The ferry maintains a listening watch on VHF Ch.9 and 12.

A passenger ferry operates between Polruan and Fowey, to Whitehouse Quay during the daytime in summer and Fowey Town Quay for the remaining times.

Lifeboat Call-outs

Fowey Lifeboat Station is situated at Berrill's Yard. Lifeboats may transit through the harbour at increased speeds if the emergency situation requires. Please keep well clear and follow any directions given by Harbour Patrol craft.

Help support this charity by visiting the Fowey RNLI shop at the lifeboat station (Open every day from 10.30am - 4pm) or by attending one of their many organised fundraising events.

Yacht Racing

Racing takes place on Wednesday evenings and Saturday afternoons. The start and finish line is between the Royal Fowey Yacht Club (RFYC) and the commercial buoy in the middle of the Harbour. This area and the Harbour Mouth can become congested during races and craft transiting the area should give a wide berth.

Swimming

Regulation of swimming in the harbour has been reviewed, and 5 swimming zones have been designated in the lower harbour. These are marked with purple coloured buoys, with the addition of a swim line at Readymoney Cove.

Swimming is permitted ONLY in designated swimming areas, and no power-driven vessels are permitted to enter these areas.

In the interests of safety, anyone swimming outside of the swimming zones will be instructed to leave the water immediately.

Sea swimming is exhilarating but not without risk. We strongly advise checking the weather and sea conditions before entering the water. Know your own limits, go with a buddy and have the right equipment. We ask that tow floats are used for increased visibility and buoyancy.

See Page 45 for further information and location of swimming zones.

Diving

Diving in the Harbour is under full control of the Harbour Master and is only permitted with a FHC dive permit. Leisure diving is under the same restrictions as that for swimming.

Kayaks, Canoes & Stand Up Paddleboards

In response to a huge increase in the numbers of these craft using the harbour, we have developed a safety campaign directly aimed at paddle sports users.

This includes a code of conduct and a requirement for all craft to be registered with Fowey Harbour so that we can identify any unattended boards or boats to find their owners, check on them and reunite them with their kit before a rescue effort is launched.

Register your kit via our website:

www.foweyharbour.co.uk/paddle

Personal Water Craft (jet skis)

PWC (e.g., jet skis) can use the harbour. Like all other vessels, they must abide by the 6 knot speed limit and pay harbour dues.

Local Notices

Fowey Harbour Commissioners issue Harbour Masters Notices and Notices to Mariners which detail events, incidents and other matters affecting harbour safety.

These are available in the Harbour Office and on the Fowey Harbour website and distributed to affected parties.

Port Radar and CCTV

Our Port radar and surveillance systems allow us to monitor vessel positions and speeds within the harbour to ensure the safety of harbour users. Information is recorded for use as evidence in the event of an incident.

Boat Watch

A Boat Watch scheme operates around the estuary both ashore and afloat with security patrols taking place during the day and at night.

Volunteer teams are supported by a Devon and Cornwall Police Marine Officer who is equipped with a fast response vessel.

The Boat Watch team provide important surveillance around Fowey Harbour. As well as the high visibility patrols, their volunteers – many of whom are boat owners and house holders who overlook the estuary – are constantly on and around the water monitoring activity.

If you see any suspicious activity on the water, report to the Police via Project Kraken.

PADDLE SPORTS CODE OF CONDUCT



REGISTER HERE:

TO KEEP YOURSELF SAFE WHEN PADDLING AROUND
FOWEY HARBOUR, PLEASE FOLLOW THE ADVICE BELOW:



PREPARE & KNOW YOUR LIMITS

Tell someone ashore where you're going and when you plan to be back. Paddle with a buddy and keep an eye on each other. Plan your paddle, check local weather conditions and tides before going out.



YOUR KIT

Wear a Personal Floatation Device and make sure your kit, including leash, is suitable for the weather conditions and paddling location.



STAY IN TOUCH

Carry a waterproof means of calling for help.



KEEP CLEAR

Keep clear of shipping channels, swinging grounds and ferry crossings. If you see the pilot boat or hear a ship's horn, this indicates an imminent ship movement and you must keep well clear.

Do not paddle underneath the commercial jetties.



KNOW THE RULES

Make sure you know and follow the **International Rules for the Prevention of Collisions at Sea (IRPCS)** and all **local legislation**.



DISPLAY YOUR STICKER

You must register yourself and your kit with Fowey Harbour, you can then be provided with safety advice and contacted if your equipment is found unattended. Harbour dues are payable which are used to maintain harbour and launching facilities.



INCIDENT

If you get into difficulty, stay with your kit. Call for help to the Harbour Patrol on VHF Channel 12 or the Coastguard on 999 or VHF Channel 16. If you are involved in an incident in Fowey Harbour, it must be reported to the Harbour Office.

Follow any instructions given to you by Fowey Harbour Patrol, they are here for your safety.



Wildlife Disturbance

When paddling around the Fowey Estuary, please be considerate of wildlife and keep your distance.



Only launch and recover from public locations

Unless you have the landowner's permission.



CHARGES²⁰²⁶

- A full schedule of charges is available from the Harbour Office or on the website. All charges include 20% VAT.
- All Harbour users must pay Harbour Dues, and all visiting vessels must pay Mooring Fees (which includes Harbour Dues) for the duration of their stay.
- Vessel length is classed as Length Over All (LOA), including all overhanging projections such as bow and stern sprits. All vessel charges are rounded up to the nearest half metre.
- A sticker will be issued for seasonal Harbour Dues, which must be displayed prominently on the boat.

Harbour Dues

All Harbour users, including those on a launch and recovery basis, are subject to the following charges:

| | |
|---|--------|
| Daily Charge (per m LOA; min. £5 per day) | £1.25 |
| Annual Launch & Recovery | £25.40 |
| Annual Paddle Sports | £20.00 |

Any craft being used as a tender to a visiting parent craft is exempt from Harbour Dues.

Daily Mooring Fees

All visitors must pay Mooring Fees for the duration of their stay.

(Price per m LOA and includes Harbour dues)

| | |
|----------------------|-------|
| Mono-hull | £2.85 |
| Multi-hull | £3.15 |
| Shore-linked Pontoon | £3.95 |

Berrill's Yard shore-linked pontoon 1600-0800 daily.

See Harbour Chart (page 71) for location of moorings and visitor facilities.

Pontoon Electric Hook-Up

| | |
|-----------------------|-------|
| Per night /per vessel | £3.55 |
|-----------------------|-------|

Use of Berrill's Yard Pontoon

For up to 8 daylight hours, for repairs

BY ARRANGEMENT ONLY

| | |
|-----------------------------------|--------|
| Per usage (incl. of mooring fees) | £42.00 |
|-----------------------------------|--------|

Unattended Visiting Craft

Contact details must be left with the Harbour Office. Mooring lines to be doubled and fenders left rigged.

| | |
|------------------|--------------------|
| Unattended Craft | Daily Rate + £5.65 |
|------------------|--------------------|

Monthly Moorings

To be arranged through the Harbour Office and paid in advance.

Caffa Mill Trailer Bay

| | |
|-------------------------------|-------|
| Hire per day (+ Harbour Dues) | £6.30 |
|-------------------------------|-------|

Towage of vessels

| | |
|---|--------|
| Removal of Vessels in breach of Harbour Regulations | £92.50 |
|---|--------|

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BERTHING

- **Contact FOWEY HARBOUR PATROL on VHF Ch. 12 to arrange a berth**
- **See Harbour Chart on page 67 for locations of moorings and facilities**

Visiting Vessels

Arriving vessels should contact FOWEY HARBOUR PATROL on VHF Channel 12 to arrange a berth.

Please refer to the relevant Admiralty Chart or equivalent to ensure safe berthing for your vessel.

- We do not accept mooring reservations except in the case of pre-booked events and rallies.
- Pre-notification of vessels is appreciated, especially for those over 20 metres in length.
- Rafting may be required on all berths, especially during busy periods.

The following berths are available for use by visiting vessels on a first come first served basis:

Polruan Pool

Swinging moorings are **BLUE** in colour and are available for vessels up to a maximum LOA of 15m.

Vessels in excess of 15m LOA will be directed to larger swing moorings flat-topped and **YELLOW** in colour.

Day boat moorings are **ORANGE** in colour and located closer to shore.

Polruan Pontoon

Shore linked pontoon SHORT STAY ONLY (1hr) for vessels on outside, some tidal restrictions apply.

Pont Pill

Pontoon 1&2 suitable for all types of vessels, berths may be rafted during busy periods.

Berrill's Yard

Shore linked pontoon

- **0800 to 1600** SHORT STAY ONLY (1hr) for vessels on outside.
- **1600 to 0800** Overnight stay chargeable at advertised nightly rate for vessels on outside. Berths may be rafted during busy periods. Shore power and freshwater available.

Underhills

Pontoon 3, 4 & 5 suitable for all types of vessels, berths may be rafted during busy periods.

Swinging moorings are **BLUE** in colour and are available for vessels up to a maximum LOA of 12m.

Albert Quay

Shore linked pontoon SHORT STAY ONLY (1hr) for vessels on outside Freshwater available.

Grid Irons

Pontoon 6 Visitor berths on outside (west side) only.

Penmarlam (Mixtow)

Shore linked pontoon visitor south side only. Walk ashore with access to showers, toilets and café. Shore power and freshwater available.

Wiseman's Reach

Swinging moorings are **BLUE** in colour. 3 moorings available.

Golant, Lerryn and Lostwithiel

Well worth a visit. Some drying berths or anchorages are available but please check first with the Harbour Office.

Swim Zones

Designated swim zones are marked by **PURPLE** buoys. No power-driven vessels are allowed within these zones. No mooring to these buoys.

Rallies and Events

Fowey is a popular destination for cruiser and motor cruiser rallies and yacht races, and we welcome the opportunity to host your event. Discounts are available, please contact the Harbour Office.

Customs Reporting

Pleasure craft arriving in Fowey from locations outside the UK are required to report to the HM Revenue & Customs. Guidance can be found at www.gov.uk/guidance/sailing-a-pleasure-craft-that-is-arriving-in-the-uk

Penmarlam



Anchorages

Anchoring in or near to the main navigational fairway or swing ground is not permitted. Areas clear of moorings in the upper Estuary or in Pont Pill may be used for anchoring, but guidance must be sought before doing so. It should be noted that harbour dues for anchoring vessels are the same as that for using a mooring.

Vessels at anchor must not be left unattended at any time.

Trailer Parking

Parking for trailers is available at Caffa Mill and Old Station Yard Car Parks in Fowey and at Penmarlam Boat Park.

Launching Facilities

A public slipway is located in Fowey at Caffa Mill and harbour dues are payable to Fowey Harbour for all vessels launching from this slip.

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Please be aware of other users when using the slipway and ensure all operations are conducted in a safe manner.

Fowey Harbour operate a private launching facility at Penmarlam, and casual access is available by prebooking only.

Hire Boats

Boats taken on hire must pay for overnight stays on FHC shore linked pontoons. Contact the Harbour Office or Harbour Patrol for details.

**CONTACT HARBOUR PATROL ON
VHF CHANNEL 12
FOR BERTHING**

HARBOUR FACILITIES

See Harbour Chart on page 65 for locations of moorings and facilities.

Harbour Office Opening Times

| | | |
|---------------|-------------------|-----------|
| Summer | Weekdays | 0900-1700 |
| | Saturday & Sunday | 0900-1300 |
| Winter | Weekdays | 0900-1600 |

IN CASE OF EMERGENCY outside working hours the Harbour Office telephone diverts to the duty officer 01726 832471.

Harbour Patrol are on duty from 0800 until dark in the summer period and during working hours outside of the peak season.

Freshwater is available at Albert Quay, Berrill's Yard and Penmarlam Pontoons. No boat washdown please.

Shore Power available at Berrill's Yard and Penmarlam pontoon. Subject to charges.



Electric Vessel Charging available at Penmarlam pontoon. Subject to charges.



Fuel (diesel and petrol) is available at the Fuel Pontoon just upstream of the Bodinnick Car Ferry, this is a pay-at-pump facility available 24/7 and at all states of the tide.



Please take precautions when fuelling to prevent pollution of the harbour

Showers are available at Fowey Gallants Sailing Club, the Royal Fowey Yacht Club and at Penmarlam Boat Park. Coins required for operation.

Waste and Recycling Facilities for general waste and recyclables are available on most visitor pontoons with a central collection point on a pontoon in the entrance to Pont Pill.

There are recycling facilities for glass, plastics, cans, paper and card. These facilities should be used in preference to landing waste ashore.

Batteries and Waste Oil can be disposed of by arrangement with the Harbour Office.

Sewage A pump out facility is available at Berrill's Yard pontoon. Contact the Harbour Office for details.

Drying out and Bottom Cleaning facilities are available at Penmarlam, Brazen Island and C. Toms and Son boatyards.

Weather A weather display is available outside the Harbour Office. The Polruan National Coastwatch Institution's (NCI) website displays live weather conditions at their lookout at the top of Polruan. For long range forecasts, contact the Harbour Office.

Water Taxi service is available, contact FOWEY WATER TAXI on VHF Channel 6. Mobile: 07774 906730. www.foweywatertaxi.co.uk

Lifejacket lockers are available at Albert Quay and Berrill's Yard shore linked pontoons. (Returnable £1 required for operation).

Chandlery is available at Mixtow Marine and a small selection is displayed in the Harbour Office. Also available at Fowey River Trading.

Launderette self-service washing and drying facilities available at Four Turnings Garage on the outskirts of Fowey.

Tourist Information Service For ideas of things to do and see, visit the visitor section of our website: www.foweyharbour.co.uk/explore or www.fowey.co.uk

Defibrillators – Call 999 in an Emergency. If you need a defibrillator in an emergency, the 999 emergency operator will be able to tell you the closest unit to your location, so you can ask someone to get it. By performing CPR and using a defibrillator, you'll give someone the best possible chance of survival. See our Harbour Maps (pg 65,66 & 67) for locations of Public Access Defibrillators.

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HARBOUR DIRECTORY

A list of local services

| | | |
|-------------------------------|---|--|
| Buses | Bus Service & Times | www.transportforcornwall.co.uk |
| Chandlery | Mixtow Marine | 01726 832471 |
| | Fowey River Trading | 01726 467901 |
| Dentist | Noah's Ark Dental Practice - Fowey | 01726 833487 |
| Dinghy Storage | Caffa Mill / Penmarlam / North Street Yard | 01726 832471 |
| Doctor/ Medical | 999 Emergency | 111 Non-Emergency |
| | Fowey River Practice (Fowey & Polruan) | 01726 829272 |
| | St. Austell Community Hospital – Minor Injuries | 01726 873000 |
| | Boots Pharmacy, Fowey | 01726 833332 |
| | Royal Cornwall Hospital Truro – A&E | 01872 250000 |
| Electric Hook-Up | Fowey Harbour | 01726 832471 |
| Fuel | Pontoon - Fowey Harbour | 01726 832471 |
| | Four Turnings Garage | 01726 832428 |
| Gas | Penmarlam Quay Cafe | 07468 734488 |
| Launderette | Four Turnings Garage | 01726 832428 |
| Lift out | Penmarlam Boat Park/Brazen Island | 01726 832471 |
| | C. Toms and Son | 01726 870232 |
| | St Winnow Yachts | 01208 872327 |
| Marine Service/Repairs | ADR Marine | 07484 073424 |
| | Mixtow Marine | 01726 832471 |
| | CS Marine | 07707 025709 |
| Police | 999 Emergency | 101 Non-Emergency |
| Sails & Rigging | Sail Shape | 01726 833731 |
| Showers | Royal Fowey Yacht Club | 01726 833573 |
| | Fowey Gallants Sailing Club | 01726 832335 |
| | Penmarlam Boat Park | 01726 832471 |
| Stores/Off Licence | SPAR Fowey | 01726 839696 |
| Taxis | KP Cabs Fowey | 01726 815415 |
| Trains | Par or St Austell Station for London to Penzance | 03457 484950 (National Rail Enquiries) |
| Water | Albert Quay, Berrill's Yard and Penmarlam Pontoons | |
| Water Taxi | VHF Channel 6 | 07774 906730 |
| Yacht Clubs | Royal Fowey Yacht Club | 01726 833573 |
| | Fowey Gallants Sailing Club | 01726 832335 |

FOWEY TOWN MAP





Lostwithiel



KEY TIDES FOR EXPLORING

As a rule of thumb and depending on the draft of your boat the following high tide heights should get you to your destination!

- Golant > 4m
- Lerryn > 4.5m
- St Winnow > 4.5m
- Lostwithiel > 5m

River cruises to Lerryn and Lostwithiel (tidal dependent) can be booked with Fowey River & Sea Cruises on Fowey Town Quay.



Lerryn



River Lerryn



River Fowey

St Winnow

Golant



Marine Conservation Zone

Wiseman's Reach

Overhead cables 18m

NOT TO SCALE: Approximate positions only, not to be used for navigation.



VISITOR BERTHS

Polruan Pool

Swinging moorings are **BLUE** in colour and are available for vessels up to a maximum LOA of 15m.

Vessels in excess of 15m LOA will be directed to larger swing moorings flat-topped and **YELLOW** in colour.

Day boat moorings are **ORANGE** in colour and located closer to shore

Polruan Pontoon

Shore Linked Pontoon SHORT STAY ONLY (1hr) for vessels on outside, some tidal restrictions apply.

Pont Pill

Pontoon 1&2 suitable for all types of vessels, berths may be rafted during busy periods.

Underhills

Pontoon 3, 4 & 5 suitable for all types of vessels, berths may be rafted during busy periods.

Swinging moorings are **BLUE** in colour and are available for vessels up to a maximum LOA of 12m.

Berrill's Yard

Shore Linked Pontoon

0800 to 1600 SHORT STAY ONLY (1hr) for vessels on outside. **1600 to 0800** Overnight stay chargeable at advertised nightly rate for vessels on outside. Berths may be rafted during busy periods. Shorepower and freshwater available.

Albert Quay

Shore Linked Pontoon

SHORT STAY ONLY (1hr) for vessels on outside. Freshwater available.

Grid Irons

Pontoon 6

Visitor berths on outside (west side) only.

Penmarlam (Mixtow)

Shore Linked Pontoon visitor south side only. Walk ashore with access to petrol, shore power, showers, freshwater, toilets and café.

Swim Zones

Designated swim zones are marked by **PURPLE** buoys. No power-driven vessels are allowed within these zones. No mooring to these buoys.

HARBOUR SPEED LIMIT IS 6 KNOTS
KEEP WASH TO A MINIMUM

NOT TO SCALE: Approximate positions only, not to be used for navigation.



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