

# PADDLE SPORTS DE OF CONDUCT

# TO KEEP YOURSELF SAFE WHEN PADDLING AROUND FOWEY HARBOUR, PLEASE FOLLOW THE ADVICE BELOW:



## PREPARE & KNOW YOUR LIMITS

Tell someone ashore where you're going and when you plan to be back. Paddle with a buddy and keep an eye on each other. Plan your paddle, check local weather conditions and tides before going out.



#### **YOUR KIT**

Wear a Personal Floatation Device and make sure your kit, including leash, is suitable for the weather conditions and paddling location.



#### STAY IN TOUCH

Carry a waterproof means of calling for help.



#### **KEEP CLEAR**

Keep clear of shipping channels, swinging grounds and ferry crossings. If you see the pilot boat or hear a ship's horn, this indicates an imminent ship movement and you must keep well clear.

DO NOT PADDLE UNDERNEATH THE COMMERCIAL JETTIES.



#### KNOW THE RULES

Make sure you know and follow the International Rules for the Prevention of Collisions at Sea (IRPCS) and all local legislation.



#### DISPLAY YOUR STICKER

You must register yourself and your kit with Fowey Harbour, you can then be provided with safety advice and contacted if your equipment is found unattended. Harbour dues are payable which are used to maintain harbour and launching facilities.



#### INCIDENT

If you get into difficulty, stay with your kit. Call for help to the Harbour Patrol on VHF Channel 12 or the Coastquard on 999 or VHF Channel 16. If you are involved in an incident in Fowey Harbour, it must be reported to the Harbour Office.

FOLLOW ANY INSTRUCTIONS GIVEN TO YOU BY FOWEY HARBOUR PATROL, THEY ARE HERE FOR YOUR SAFETY.



#### WILDLIFE DISTURBANCE

When paddling around the Fowey Estuary, please be considerate of wildlife and keep your distance.



### ONLY LAUNCH AND RECOVER FROM PUBLIC LOCATIONS

Unless you have the landowner's permission.



**REGISTER HERE:** 

WWW.FOWEYHARBOUR.CO.UK/PADDLE

